Is CBD Safe?

You're likely to have heard the buzz on how great **CBD products** are. From oil to extracts, this natural ingredient found in cannabis plants is gaining more attention for its wide variety of capabilities. Even with all that it can do, you need to ask if it's safe to use – and that's where we come in.

What is **Cannabidiol**?

A chemical compound found in cannabis, CBD can offer several positive effects for its users. Unlike THC, another key component found in marijuana, Cannabidiol doesn't produce the psychoactive effects commonly associated with the plant.

CBD itself has some excellent properties with several uses; from being able to treat two types of epilepsy, to studies that show promising results for its use in treating diabetes, Parkinson's disease, anxiety, and much more.

Is there any THC in **CBD oil**?

Unless stated otherwise, **CBD products** shouldn't contain any THC. However, you should always purchase your items from a reputable, trusted brand to ensure that you're getting exactly what you ask for.

How safe is CBD?

Many of those who decide to use CBD to treat conditions or overall improve their health find that it can be highly effective. Users rarely experience side effects and while it is well-tolerated, some people may experience minor issues like a reduced appetite or drowsiness.

Also, Cannabidiol can react with other medications, so it's best to talk to your doctor before buying **CBD oil**.